

## Mentoring style self assessment

### Step one

Please read the statements below and see which you believe best fit your natural mentoring style. Circle the corresponding number and try to focus on your core ones, circling no more than six.

	I feel that as a natural mentor I tend to:
1	Confront issues head on which I see as holding others back
2	Provide others with creative input to help them, in turn, develop creativity
3	Give others a healthy push to improve their performance and seek to set goals and targets
4	Offer others lots of positive encouragement and support
5	Help others see the value in getting connected with other people to build a network of contacts
6	Help others learn from their issues, then apply my knowledge to help them overcome these issues
7	Communicate lots of motivation and energy to influence others
8	Advise others on the best types of people to speak with, to get them where they want to go in life
9	Share where I've faced difficult situations but despite the challenges show it's possible to achieve
10	Introduce others to new people and build their technique to do this for themselves
11	Help others to understand things in a better, more logical way
12	Challenge others should they be considering dropping out or giving up on something
13	Work with others to generate new thinking around the bigger picture in life
14	Provide others with a form of teaching to help them to understand something better
15	Help others to raise their aspirations in life with fresh thinking and ideas

### Step two

Now look at the numbers that you circled above and circle the same numbers on the grid below:

Style 1	Style 2	Style 3	Style 4	Style 5
1	4	6	2	5
3	7	11	13	8
12	9	14	15	10

### Step three

Looking at the grid and based on the number of circles under each style heading, consider which of the five styles are those that you might favour and what sort of mentor style you might naturally hold.

Style 1 = **Challenger**

Style 2 = **Cheerleader**

Style 3 = **Educator**

Style 4 = **Ideator**

Style 5 = **Networker**

The possible natural style of mentor I adopt is:

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