

## A great start to 2019!

Welcome to our first edition of 2019. The past few months since the last newsletter have been active and rewarding. More students than ever before are engaging in Employability Mentoring, more partnerships are developing and more good practice is being shared. For the first time ever we have matched mentors and mentees before the Christmas break and thanks to the more intensive and comprehensive preparations, more relationships are successfully developing too. Bring on 2019!



# Employability Mentoring Newsletter No.15

## Welcome to our March 2019 edition



### Matt Hampson Foundation Mentoring

This term provided our first opportunity to visit Matt Hampson and his team at the Get Busy Living Centre as part of DMU's partnership with his Foundation. We had a great afternoon meeting the team, touring the facilities, talking about making positive choices and hearing how they turned a vision into a reality. We asked CEO Tommy Cawston for his thoughts on the value of mentoring to them. Tommy said *"We all feel honoured to have been asked to mentor DMU students. We love the fact DMU is so inclusive and it seems a natural fit to work together. If we can promote our Get Busy Living Centre to students then I feel that will be a real benefit to them in the way they look at life and the opportunities granted to them. The mentoring session was really useful for us as individuals and as a group as well as it allowed us to reflect on certain aspects of our lives and the environment and culture we have created at the centre"*.  
Cheers Tommy!





## Group mentoring

February 2019 saw our last formal group mentoring sessions take place as part of the main project. We ran two group mentoring sessions to a third cohort of mentees over two nights with ten students attending over sessions. We explored various topics including overcoming nerves, interview preparations, networking and promoting oneself. There was great input and insight from our mentors as always. They shared their views on industry and how to prepare, with healthy discussion, debate, challenge and encouragement along the way. Huge thanks as always go to Aabida, Douglas, Emma, Jeff, Jo, Mariana, Matt, Sam and Steve for your awesomeness!

## DMUWorks Professional experiences

#DMUworks has launched a new platform to enable employers to gain access to student talent. This was launched last summer and proved to be a success. It focuses on giving students access to voluntary work. Businesses are accessing the programme to work with student talent who can bring fresh ideas. Students can provide skilled support and contribute to projects which could reduce pressure and demand. If this interests you, where you can play a role to develop our future leaders, then please email Kishan Dahya, #DMUworks Project Officer at: [dmuworks@dmu.ac.uk](mailto:dmuworks@dmu.ac.uk)



### Their words not ours... in a cloud.

Feedback and recording outcomes are essential to our project success. This academic year we are on course to treble the number of students engaging in group mentoring. We asked our mentees to sum up their mentoring in one word...

## A word from the Project Manager

What a brilliant term we have had. Engagement has increased, we have also seen successful conversion throughout the entire process and students are more prepared than ever for their own one to one mentoring. Our mentors have been so generous this term with their time and insight to make this project what it is today. Excellent!



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For more information about Employability Mentoring, contact us at 07909 000127 / 0116 207 8979 or [mentoring@dmu.ac.uk](mailto:mentoring@dmu.ac.uk)  
Cheers! Andy



**#DMUworks**