

Mental Health Support Team Training and Launch

14 - 15 October 2021

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Leicestershire Partnership
NHS Trust

A free webinar training event focusing on Whole-School Mental Health, which will launch the roll out of the new Mental Health Support Teams in Schools service across Leicester, Leicestershire and Rutland.



Thursday 14 October			
9.15	Mental Health Schools Team – introducing the roll out of the mental health support teams in Leicester, Leicestershire and Rutland Imran Mahomed, Marie Cahill, Andrew Buck, Mellissa-Mae Brewster and Katie James		
10.00	An introduction to ADHD and the work of ADHD Solutions by Ian Hall, Training Manager and ADHD Specialist Coach (ADHD Solutions CIC)	Youth Work Works: Collaboration to improve outcomes for young people by Abbee McLatchie, Director of Youth Work at the National Youth Agency	
10.30	Significant Mental Illness in the Classroom and what to do about it by Hannah Wakefield, Lecturer in Mental Health Nursing & Dr Linda Aslett Leader of Learning, Hospital and Outreach Education	Activ8, A Trauma Informed Curriculum Model by Peter Rainford, Curriculum Lead, St Andrew's College	
11.00	Partnerships and relationships: a whole school approach to mental health by Dr Nicola Preston – University of Northampton, UK and International Institute for Restorative Practices Graduate School, U.S.A.	The Academic Resilience Approach and implementation in Rutland schools by Morag Tylera and Lyn Harte, Resilient Rutland	
11.30	Supporting the whole school approach - a culture of positive mental health and wellbeing by Claire Poole, The Charlie Waller Trust	A new all-age community self-harm service for Leicester, Leicestershire and Rutland Schools by Connor Melia, Senior Health Improvement Officer in Public Health for Leicestershire County Council	Preventing and Reducing Serious Violence by David O'Hanlon-Ribbins and Nilesh Patel - Violence Reduction Network and Sgt Lou Wills, Violence and Complex Crime Unit, Leicestershire Police
12.00	Lunch		
1.00	Creating a positive food environment in schools for all children by Dr Helen Coulthard, De Montfort University	Understanding and Reflecting on the Autism experience in the Classroom Setting by Dr Chris Knifton, Associate Professor, Registered Learning Disability Nurse, De Montfort University	
1.30	Digital Media and Mental Health: A Digital Ethics of Care Framework by Dr Michelle O'Reilly; Associate Professor of Communication in Mental Health (UoL); University of Leicester and Leicestershire Partnership NHS Trust	Suicide Recovery in Schools by Barney Thorne, Safeguarding Partnership Manager, Leicestershire Police.	
2.00	Peer relationships in school as a mental health priority by Dr Rachel Maunder, University of Northampton	Promoting school wellbeing by introducing some motivational interviewing techniques into your everyday school conversations by Dr Tania Hart, Associate Professor De Montfort University	
2.30	Teenage Brain - Ever wondered why teenagers exhibit challenging behaviours, such as mood swings, irritability, risk taking and not wanting to get up in the mornings? by Claire Poole, The Charlie Waller Trust	The Leicestershire Healthy Schools Programme: improving health and wellbeing across the school community by Connor Melia, Senior Health Improvement Officer in Public Health for Leicestershire County Council	

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10.00	Higher Education Here I come by Dr Eunice Lumsden - Associate Professor; Subject Leader Childhood Youth and Families; University of Northampton	Building a school culture that puts mental health at the centre of provision by Cathy Robinson, Vice Principal - Rawlins Academy	
10.30	Use of Supervision and Coaching to support staff wellbeing and functioning by Russell Postlethwaite, Educational Psychologist, Futures in Mind	Keep the class active – benefits of exercise on children's mental health and wellbeing by Ryan Smith, Assistant Physiotherapist at Leicestershire County Cricket Club	
11.00	Digital Literacy & 21st Century Critical Skills by Robert Morrow, Youth Work Specialist at the National Youth Agency	Using an acceptance and commitment therapy alongside mindfulness to help adolescents manage emotions by Dr Mike Scanlan, Mental Health and Wellbeing Consultant	
11.30	Armed Forces Children: Supporting the mental health and well-being of these amazing children! By Anneka Bellett, Assistant Head and SENDCo of Cottesmore Academy (part of the Rutland Learning Trust)	How a Trust-Wide graduated mental health approach has supported our most vulnerable pupils post Covid by Sophie Tales, Associate Assistant Principal, TMET Inclusion Team, The Mead Educational Trust	The nurturing approach in primary schools by Penny Rawlings, Nurture Lead Practitioner for Rutland
12.00	Lunch		
1.00	Staff Resilience and Wellbeing in Schools by Dr Steve Dexter, Educational Psychologist, Leicestershire Educational Psychology Service	Supporting families with a child with a life limiting condition/palliative care needs (RECORDING no questions possible) by Dr Helena Dunbar Director of Service Development and Improvement at Together for Short Lives	
1.30	Supporting children from families where a parent has a mental illness by Dr Scott Yates, De Montfort University and Dr Lina Gatsou, LPT	Children and Family Wellbeing Service: working with schools and families to improve outcomes for children and young people by Ellie Lowe, Service Manager, Children and Family Wellbeing Services and David Barsby, Children's Wellbeing Practitioner. Leicestershire County Council.	
2.00	Mental Health and Nature: Flourishing in Forest School by Dr Dave Cudworth, Associate Professor, Head of Education, De Montfort University	Suicide Recovery in Schools by Barney Thorne, Safeguarding Partnership Manager, Leicestershire Police. (RECORDING REPEAT FROM YESTERDAY)	
2.30	Challenging behaviours in children with learning disabilities by Dr Justine Barksby, Mental Health and Learning Disabilities De Montfort University	Insights: Understanding the needs of refugee children and youth in the UK post-migratory context by Sarah A. Hunt, BSc Applied Psychology, Ph.D. (c), Research Interest: Refugee Studies, Mental Health and Service Needs among Asylum-seekers and Refugee Parents	

If you require any further information please contact hlsrco@dmu.ac.uk.