

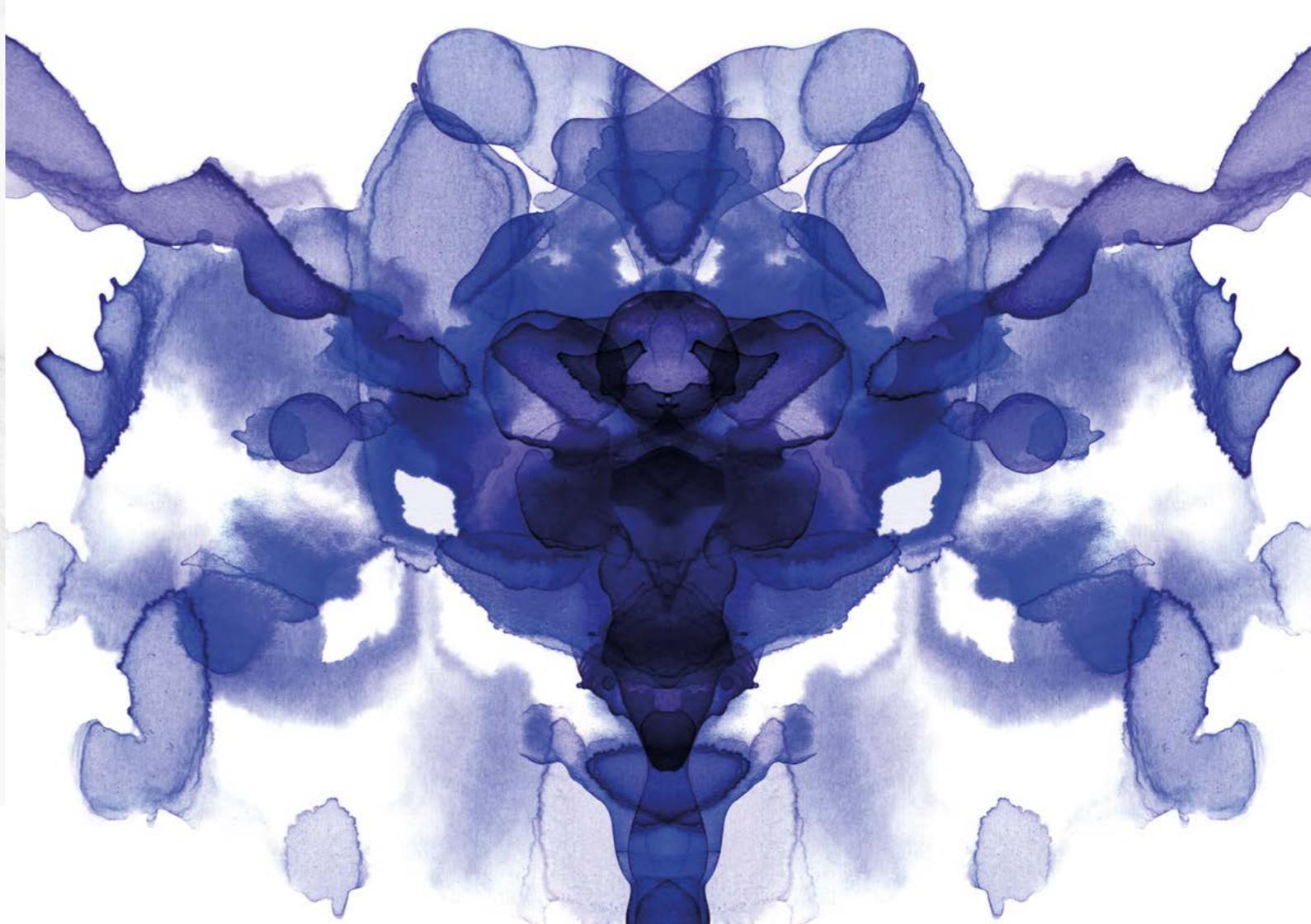
PSYCHOLOGY

HEALTH PSYCHOLOGY MSc/PG DIP/PG CERT

PSYCHOLOGICAL WELL-BEING MSc/PG DIP/PG CERT

POSTGRADUATE COURSES

CUT LINE



De Montfort University awarded Gold in
2017 Teaching Excellence Framework





HEALTH PSYCHOLOGY MSc/PG DIP/PG CERT

OVERVIEW

Health Psychology is an expanding area of employment, with opportunities for graduates in hospitals, universities and community-based organisations. Delivered in collaboration with researchers and practitioners within the field, the Health Psychology course will give you the opportunity to explore the ways in which psychology can be applied to an understanding of health, illness and healthcare systems.

Professionally accredited by the British Psychological Society (BPS), which has commended the course on the quality of student support, the quality of research methods training, links with local communities and services, and the development of inter-professional skills through short placements.

MODULES

There is detailed coverage of social and cultural diversity, using psychology to tackle health inequalities, inter-professional relationships and eating behaviours across the lifespan.

The MSc consists of theoretical, work-related and research based modules, including:

- Theories and Perspectives in Health Psychology
- Mind, Body and Health
- Understanding and Managing Chronic Health Conditions
- Critical and International Perspectives on Health Psychology

- Psychology of Health and Food Through the Lifespan
- Health Psychology in Theory and Contemporary Practice
- Research Methods and Data Analysis for Applied Psychologists
- Advanced Dissertation in Applied Psychology Research

TEACHING AND ASSESSMENT

Teaching includes lectures, group seminars and individual tutorials. You are encouraged to become an independent and proactive learner, and we will recommend reading and electronic resources for independent study to help develop your knowledge.

The majority of your studies will take place at the university but we also incorporate hospital and community based learning experiences. There is a significant focus on developing skills that are transferable to a variety of careers and international contexts. You will benefit from the support of a personal academic tutor and we also offer a range of additional support services to help you develop the skills required for master's level study. In a standard teaching week full-time students can expect nine hours of formal teaching across two days.

You will also be expected to undertake at least 28.5 hours of independent study a week. Assessment includes project work, essays and literature reviews, problem-based activities and electronic-learning tasks. Bespoke guidance materials are provided for all forms of assessment

The course is delivered by a team of academic health psychologists, in collaboration with practitioner psychologists. All academic staff contributing to the course are research-active, have presented their research at national and international conferences and published in specialist journals including: Social Science and Medicine, Psychology and Health, and the Journal of Health Psychology.

EMPLOYABILITY

The course is designed to deliver a range of transferable skills and enhance your employability across a range of health and social care careers and contexts. Health Psychology is an expanding area of global employment, and successful graduates (who already hold a BPS-accredited undergraduate award in Psychology) can progress on to stage two training in Health Psychology in order to attain registration as a practitioner psychologist.

Duration: September start - one year full-time, flexible part-time study over two to three years.

Entry requirements: A minimum (or predicted to obtain) First or 2:1 award from a BPS accredited Psychology course (or international equivalent). Students with a 2:2 award or from a non-BPS accredited programme relating to health and/or psychology will be considered on a case-by-case basis.

Non-standard applicants may be invited to interview.

You must complete a declaration form and enhanced Disclosure and Barring Service (DBS) application form (if you are overseas you will also need to submit a criminal records certificate from your home country), before starting the course.

Applicants who are aware that they are not able to achieve enhanced clearance will need to discuss this with the Programme Leader or Faculty Admissions Team at the point of application, as it may affect your ability to join the programme.

English language requirements: IELTS 6.5 including 5.5 in each component or equivalent.

PSYCHOLOGICAL WELL-BEING MSc/PG DIP/ PG CERT

OVERVIEW

A rapidly expanding field worldwide, Psychological Well-being evaluates the factors that characterise and influence mental health and well-being, nurturing your understanding of the cultural, social and economic contexts in which they develop. The course reflects national and international initiatives for the enhancement of mental health and well-being, which aim to prevent and alleviate psychological problems including depression, anxiety and stress.

MODULES

The course starts with a full induction to introduce you to the team, the modules to be studied and the skills required for both the course and for successful study at MSc level. Modules include:

- Approaches to the Study of Well-being
- Well-being Through the Lifespan
- Lifestyle, Wellness and Wellbeing
- Well-being in Cultural, Economic and Social Contexts
- Approaches to Psychological Problems
- Research Methods and Data Analysis for Psychologists
- Research dissertation

TEACHING AND ASSESSMENT

In a standard teaching week full-time students can expect nine hours of formal teaching across two days and will be expected to undertake at least 28.5 hours of independent study. The course uses a wide variety of teaching and learning methods and assessment is based exclusively on coursework, which typically includes formal essays, research reports, real time and web-based presentations and problem-solving tasks, literature reviews and reflective portfolios.

The dissertation provides you with an experience of the research process from its inception to completion. Teaching facilities include dedicated laboratory and practical work areas, an observation suite and a vision research laboratory. You will also benefit from excellent IT and computing facilities within both the faculty and the library, and have access to a number of statistical and software packages including SPSS, Adobe Auditions and SuperLab.

Many of our experienced academic team have expertise in the specific domains of well-being, which are embedded within the course, including developmental psychology, occupational psychology, health psychology, clinical psychology, counselling psychology and cognitive/biological psychology. Students benefit from occasional contributions from practitioners and academics working within a variety of wellbeing related settings (e.g. work, education and health).

EMPLOYABILITY

Completion of the course will lead to a number of career opportunities worldwide, including research, teaching and those within the caring professions. It also facilitates career development and progression. Other students might use the course as a stepping stone to specialised PhD study. Although the course does not culminate in a qualification in Clinical Psychology, its content will be highly relevant to those applying for training in this area, or within related fields such as psychotherapy, counselling or coaching.

KEY INFORMATION

Duration: September start - one year full-time; flexible part-time, distance learning or blended learning over two or three years.

Entry requirements: You should have a 2:2 or above in an honours degree, or overseas equivalent, in psychology or psychology and a second subject.

You may be invited to interview. Alternative arrangements can be made if you are unable to attend in person.

Appropriately qualified experienced applicants with a science or social science background will be considered on a case-by-case basis.

You must complete a declaration form and enhanced Disclosure and Barring Service (DBS) check disclosure application form (if you are overseas you will also need to submit a criminal records certificate from your home country), before starting the course.

Applicants who are aware that they are not able to achieve enhanced clearance will need to discuss this with the programme leader or faculty admissions team at the point of application, as it may affect your ability to join the programme.

English language requirements: IELTS 6.5 including 5.5 in each component or equivalent.



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The content of this document is correct at the time of going to press. You are advised to check our website before making an application in case there are any changes to the course you are interested in, as the contents of the website will always take precedence.

Alternative formats

Where possible DMU publications or specific sections can be supplied in alternative media.

For further information, please contact the Enquiry team on +44 (0)116 2 50 60 70 or email enquiry@dmu.ac.uk