

# Give a child **5** praises a day

Catch them being good!



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1							
2							
3							
4							
5							

## Remember to set firm limits too!

This is in line with research carried out by the Unit for Parenting Studies, De Montfort University.

For more information regarding this project visit [dmu.ac.uk/fivepraises](http://dmu.ac.uk/fivepraises)

