
Leah Watts - Netball

What course do you do?

Creative writing.

Why did you join your club when you came to DMU?

I wanted to get back into playing netball. I enjoyed the sport through school but never had the time to play for a team at that time, so I wanted to get involved and play for the university.

What made you want to get involved in the club?

Seeing how supportive the older girls were during trials and training. They organise fun socials that allows us to get to know each other as friends as well as teammates.

Have any females in sport inspired you and how have they inspired you

Pippa Funnell, because she's spent years perfecting her riding to get to the level she's competing at today and playing the different games produced about her as a kid made me want to get involved in the sport. I want to give my best in any sport I take part in because of her.

What advice do you have for any other females looking to get involved with sport or physical activity?

Get involved-it's a lot of fun and it helps keep you fit and get you out, even if it's just once a week or three times a week.

Would you ever try another sport?

I'm a lot more confident since taking up sport, so I'd be happy to if the sport interested me. Any sport is worth trying.

How has playing sport helped you in your day to day life/ career?

It's definitely brought me out of my shell. I feel a lot more comfortable about meeting new people and playing sports with them, and I've gone on to become friends with a lot of people because of it. It's also helped me with combating my depression because now I have something I really look forward to every week.

How has playing sport helped you in your day to day life/ career?

When I won my first showing competition on my old horse, Noah.

Favourite personal sporting moment

Again, Pippa Funnell.