Grace Morgan - Sports & Participation Comms Officer @ DMU



What course did you do at University?

I studied Journalism here at DMU.

Did you take part in sport whilst you were a student?

Yes I joined the women's football team in my first year and was part of it during all 3 years here.

What made you want to get involved in sport at University?

I have played football since the age of 7, and then stopped when I was 17 through not enjoying it - I just saw university as a great time to try and regain my love for football.

Have any females in sport inspired you and how have they inspired you?

I remember watching Jessica Ennis in the Olympics in 2012 and just being completely taken back by it – I've always thought the heptathlon is the hardest event and for her to go out and smash it like she did and get the gold on home soil was just amazing.

What advice do you have for any other females looking to get involved in sport or physical activity?

Just give it a go! No one is going judge you, everyone was new to a sport once upon a time, everyone had to start somewhere.

Would you ever try another sport?

I could never play an individual sport, I just love being a part of a team too much –I'd love to try rowing!

How has playing sport helped you in your day to day life/career?

I feel it gives me a competitive edge – It helps me to always strive to do better.

Favourite personal sporting moment?

Winning varsity here at DMU – the feeling when we won was honestly the best feeling I have experienced on a football pitch – and as a spectator, I'm a huge LCFC fan, so the premier league season as a whole was just incredible to be a part of.

Favourite female sporting role model?

Serena Williams – she is just the boss and I think she is just a fantastic example of someone who never gives up.