
Ffion Edgleley – Archery Secretary



What course do you do?

Footwear Design

Why did you join your club when you came to DMU?

I joined a couple of clubs when I started as most freshers do, I joined archery as I'd done it in the past and thought it would be great to pick it back up again and make some new friends.

What made you want to get involved in the club?

I really enjoyed it the first year and I'm a firm believer of 'you get back what you put in' so it only felt natural to step up and get involved further by becoming a committee member and coach.

Have any females in sport inspired you and how have they inspired you?

A lot of my inspiration comes from those around me, particularly those on the university archery scene. Archery is small sport so it's not uncommon to find yourself on the shooting line with members of the British team, which is great because you can watch them shoot and pick up tips that you can integrate into your own shooting. There's a lot of socialising involved, especially at competitions between shooting so it's nice to chat to your competitors and ask about the equipment they're using and how they feel it works for them.

What advice do you have for any other females looking to get involved in sport or physical activity?

Just do it! Everyone was once new in that sport and younger know what you'll be good at until you try it.

Would you ever try another sport?

Definitely, I did a lot of netball and rounders during secondary school and have been riding horses from quite a young age. I don't think I have time to pick up another sport at the moment but if I did I'd have a go at table tennis.

How has playing sport helped you in your day to day life/career?

It's made me be organised, especially preparing the day before a competition where I'll get all my kit ready and food, plan my route and make sure my car has petrol!

Favourite personal sporting moment?

Competing at the English Field Championships this year, it was an excellent course which was really challenging and had a head to head round to round it off which I came second in.

Favourite female sporting role model?

My Mum! She goes and plays Badminton every week, regularly goes hiking and has just finished her beginners course in Archery! She was very sporty at school and she is always interested in trying the sports that I do so it's nice to have that kind of time together.