

THE
SAUCE
OF ALL
KNOWLEDGE

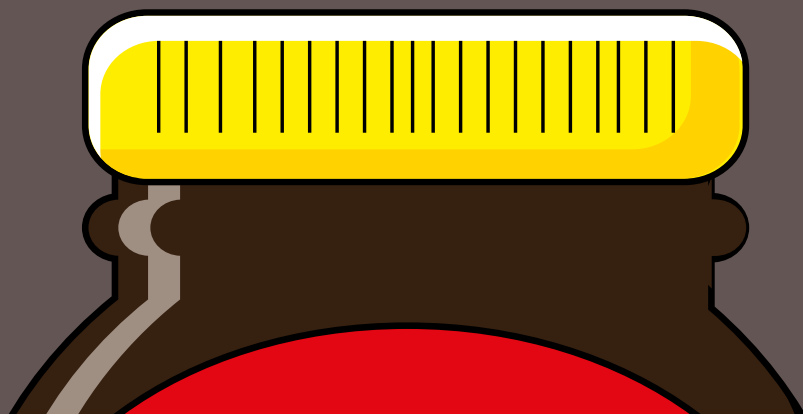
STAYING SAFE
AT UNIVERSITY

#CAUGHTREDHANDED



Leicestershire
Police
Protecting our communities

LIFE AT UNIVERSITY IS MEANT TO BE A MIXTURE OF HARD WORK AND FUN.



It's a place where you make new friends, learn how to stand on your own two feet and forge a career path.

To help make it easier, we have put together this handy guide on how to keep yourself safe, keep your stuff safe and ensure you remain on the right side of the law. Take a couple of minutes of your time to check out this guide – it **MARMITE** just save you in the long run!

Remember, have a great time here in Leicestershire, **RELISH** the opportunities available to you, stay safe and hopefully we won't ever see you in **CUSTARDY**.





KETCHUP WITH THIS LIST OF ESSENTIALS. **EVERYTHING ELSE IS JUST GRAVY.**

- ☐ Contents insurance
- ☐ List of possessions including the make, model and serial numbers and photographic records of valuables
- ☐ Visibly mark possessions with your name and student ID number
- ☐ Register valuables free at www.immobilise.com
- ☐ Map of campus to get around safely
- ☐ Service times for any night time buses, trains and local taxi firm numbers and apps
- ☐ Steering wheel lock
- ☐ Timer switch
- ☐ D-Lock for your bicycle
- ☐ UK Bank or building society account to keep your cash secure rather than lying around
- ☐ List of emergency contacts and bank phone numbers in case your cards are lost or stolen
- ☐ Ensure your details (including next of kin contacts) are up to date with university staff

PERSONAL SAFETY

**DON'T GET IN A PICKLE
BY MAKING YOURSELF
AN EASY TARGET...**



**BETTER SAFE
THAN SOY!**

- After dark, keep to well-lit, populated areas that you are familiar with
- Cover up jewellery with a scarf or clothing
- Keep bags closed, zipped up and buckled with the clasps facing inwards
- Carry your wallet, phone and other valuables out of sight
- Be wary of who is around you at cash machines. If in doubt, move on
- Be aware of your surroundings and if you are worried you are being followed, change direction, go into a shop or pub and call the police
- Be careful of chatting on your phone or listening to music, particularly at night when this can distract you from what is happening around you
- Never accept a drink from a stranger and always leave your drink with someone you can trust
- After a night out on the SAUCE, book a cab or organise to walk home with friends. Keep some local taxi numbers in your phone or download their apps

On a date and feeling uncomfortable?

Many bars across the city and county are signed up to the **Ask for Angela** scheme. Say the phrase to bar staff and alert them to your need for help. They are trained to defuse the situation. For info visit www.leicestershire.gov.uk/AskForAngela

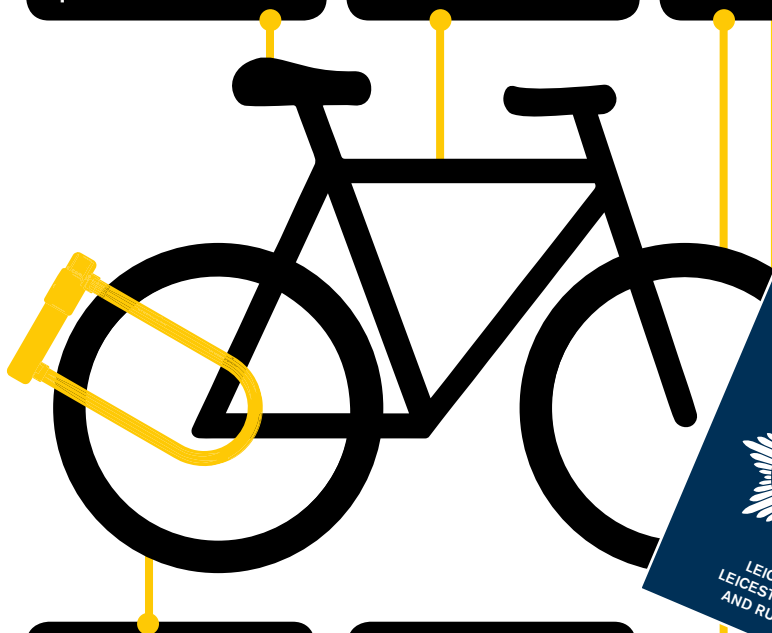
BIKE SECURITY

WE KNOW YOU'RE KEEN AS **MUSTARD** TO GET TO YOUR LECTURES
BUT MAKE SURE YOUR BIKE IS SECURE BEFORE YOU LEAVE IT!

Remove detachable accessories such as lights, pumps and quick release saddles

Mark the frame with your postcode in two areas, one of which should be hidden

At home, keep your bike in a locked shed or garage if possible or a locked room



Lock your bike using a D-lock through both the frame and the back wheel if possible

Secure your bike to a fixed object or bike rack in a well-lit, busy area and avoid lampposts



Fill in a bike passport which your local police officer can provide. If it's stolen, all the bike details will be there for insurers and police

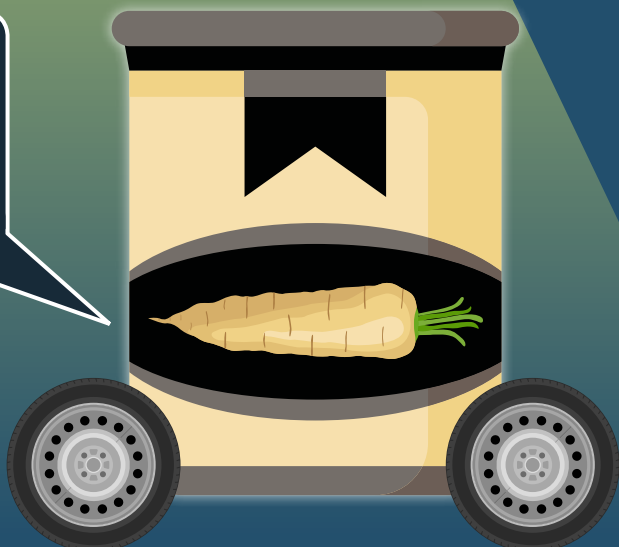
REGISTER YOUR BIKE WITH WWW.IMMOBILISE.COM



VEHICLE SECURITY

- Park in well-lit areas or areas covered by CCTV where possible, or even in a garage
- Make sure all your vehicles' windows and doors are left secure at all times
- Do not leave valuables on view in your vehicle at any time and remove them where possible
- If you have a keyless car, use a signal blocker
- Never leave your keys in the ignition on icy mornings, or when paying for petrol
- Get a car alarm, steering lock/tracker or immobiliser fitted

**THERE'S NO POINT
LOCKING THE
DOOR AFTER THE
HORSERADISH
HAS BOLTED!**



HOME SECURITY

TRY NOT TO MAKE IT OBVIOUS YOUR PROPERTY IS LIVED IN BY STUDENTS...

**HAPPY
HOLLANDAISE!**

Going away for the weekend or longer? Make sure your doors and windows are locked and valuables are out of sight.

- Burglars target student properties because they know they are most likely to have many expensive items worth pinching

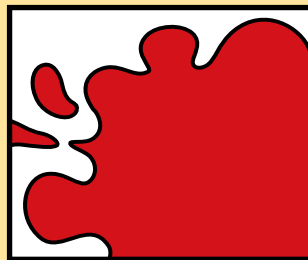
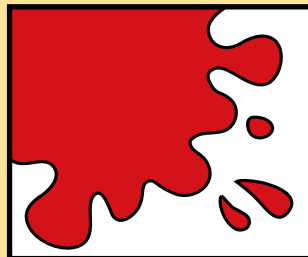
- Don't leave valuables or cash lying around in full sight. Keep them in a safe place

- Close curtains or blinds at night or when going out in the evening. Make sure your house looks occupied after dark by leaving lights on or using an automatic timer

- Insure your possessions – take photos and write down serial numbers. It's cheaper to insure than replace your stuff

- Don't leave packaging from expensive items outside your house. Take it to be recycled or put it in the bin

- Keep your windows and doors locked at all times, even when in the property, when you're going upstairs or popping out – even for a minute. Remove the key from the lock



ANTISOCIAL BEHAVIOUR

UNIVERSITIES TAKE A DIM VIEW OF REPORTS OF ANTISOCIAL BEHAVIOUR FROM THEIR STUDENTS. DON'T JEOPARDISE YOUR DEGREE FOR THE SAKE OF A PARTY!

Walking home doesn't have to sound like a herd of elephants. Keep it down!

We know you **RELISH** a party but pre-warn neighbours before and keep noise to lower levels after 11pm

Don't advertise a party on social media – it can quickly get out of hand

Antisocial behaviour includes the misuse of fireworks, fly-posting, drug dealing and dumping rubbish

Shopping trolleys are not chariots, they are for groceries! It may seem like just a bit of 'H01SIN around' to you but maybe not to your neighbours



CYBER SECURITY

DON'T LEAVE YOURSELF
PLAYING **KETCHUP**. YOU
COULD LOSE ALL YOUR HARD
WORK TO A WEAK PASSWORD!

- Never leave your laptop or tablet unattended in the library or your car
- Back up your work regularly and disguise your laptop in a rucksack so people don't know you are carrying one
- Don't open emails or attachments if you don't know where they came from
- Be aware of scam emails which may ask you for personal details or money
- Keep your bank cards safe along with PINS, passwords and personal information. Never include personal information in your passwords!

What goes online stays online and could be seen by anybody – including potential employers!

DID YOU KNOW...

Your bank would never ask you to disclose your password or PIN in full.

If something seems too good to be true, it probably is...

Get rich quick schemes, impossibly well paid work or others wanting to use your bank account could lead to you becoming a money mule.

INTERNATIONAL STUDENTS

DON'T LIVE TO VINAIGRETTE IT- KEEP YOUR VALUABLES SAFE AND LOCKED AWAY!

REGISTER THEM AT WWW.IMMOBILISE.COM

It's a good idea to have a UK bank account so that you are not carrying large amounts of cash on your person.

Exchange money through banks, not through friends.

Speak to your International Liaison Officer if you are concerned or unsure about anything.

Have you booked your visa appointment?

Do it online at www.leics.police.uk



REPORTING A CRIME OR INCIDENT

DID YOU KNOW...

If you don't wish to make a report you can contact your campus security or pop in to your University beat office (where available) during opening hours.



leics.police.uk

Visit www.leics.police.uk and click on 'Report'.



**Leicestershire
Police**

Send a direct/private message on our forcewide Facebook and Twitter pages. (The social media accounts on the back of this booklet cannot be used to report a crime.)



@LeicsPolice



**Dial 999 in an
emergency**

**REMEMBER,
WE CAN'T
PROMISE INSTANT
KORMA...**

We may not always be able to attend or speak to you directly following a report, but each report helps us build a bigger intelligence picture and target our patrols towards the areas that need us most.

FOLLOW US

YOU CAN CONTACT YOUR LOCAL BEAT OFFICERS OR PROVIDE THEM WITH SOME FEEDBACK. WE LOVE IT WHEN SOMEONE PAYS US A CONDIMENT!

De Montfort University



DMU Cops



@DMUCops



@leicestershire_police



leics.police.uk

University of Leicester



University of Leicester Police



@LeicsUniPolice

Loughborough University



Loughborough University Police



@LboroUniPolice

If you want to keep up to date with events, appeals and crime prevention advice in your community, register for Neighbourhood Link alerts:



neighbourhood
link.co.uk