

# LEICESTER BALANCE COURSE AT DE MONTFORT UNIVERSITY 2023

DAY 1

## SEPTEMBER 13TH 2023 – VIJAY PATEL BUILDING

08.30 - 09.15	REGISTRATION AND REFRESHMENT	VP4.09 Terrace & Hub	
09.15-09.20	Welcome to De Montfort University	Rakesh Patel	VP4.05
09.20-09.30	Formal welcome to the Leicester Balance Course and Course Objectives	Peter Rea	
09.30-10.30	Anatomy and Physiology of Balance – ‘Mechanical Stimulation of Balance Function’	Chris Degg	
10.30 -10.45	REFRESHMENT BREAK	VP4.09 Terrace & Hub	
10.45-11.30	The Ten Minute Balance Test	Joel Goebel	VP4.05
<b><u>THE BIG THREE CAUSES OF RECURRENT VERTIGO</u></b>			
11.30-12.00	<b>1. BPPV</b>	Anil Banerjee	VP4.05
12.00-12.20	Panel discussion on management of BPPV	Peter R (Chair) plus AB, CD, JG, OJ, YS, PB,	
12.20-13.10	LUNCH	VP4.09 Terrace & Hub	
13.10-13.40	<b>2. Meniere's disease including Intra-tympanic therapies</b>	Peter Rea	VP4.05
13.40-14.00	Panel Discussion on management of Meniere's disease	Peter R (Chair) plus AB, CD, JG, OJ, YS, PB	
14.00-14.40	Is Vestibular Neuritis the Bell’s Palsy of the VIIIth Nerve?	Joel Goebel	
14.40-15.05	REFRESHMENT BREAK	VP4.09 Terrace & Hub	
15.05 – 16.15	Practical clinical examinations of the dizzy patient <i>Small group workshops: surgical/medical- audiologist-physiotherapist</i> Gait, Unterberger, Romberg, Hallpike, head thrust, head shake, eye movement, reflex's sensation...	Joel Goebel/Owen Judd/Yougan Saman/Paramita Baruah/Peter Rea/ Anil Banerjee/Rakesh Patel/Mahdiyya Dharas	VP4.05 VP4.09 Hub VP1.11 VP1.02
16.15-16.45	<b>3. Vestibular Migraine</b>	Owen Judd	VP4.05
16.45-17.00	Panel Discussion on management Vestibular Migraine	Peter R (Chair) plus AB, CD, JG, OJ, YS, PB,	

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## DAY 2

### SEPTEMBER 14TH 2023 - location

08.45-09.30	PPPD and Vestibulopathy	Joel Goebel	VP4.05
09.30-10.30	Paediatric Vertigo	Waheeda Pagarkar	
10.30-10.45	REFRESHMENT BREAK	VP4.09 Terrace & Hub	
10.45-11.30	The Vestibular Test Battery	Chris Degg	VP4.05
11.30-12.15	Posturography as an Assessment Tool	Mahdiyya Dharas	
12.15-13.00	LUNCH	VP4.09 Terrace & Hub	

### DEMONSTRATIONS AND PRACTICAL SESSIONS

	13.00 – 13.50	13.55 – 14.45	14.50 – 15.40	15.45 – 16.35
<b>GROUP 1</b>	HB0.11 VNG/CALORICS Chris Degg	HB0.12 VHIT Interacoustics	HB0.14 BERTEC & CDP Mahdiyya Dharas	HB0.16A TRV Daniel Petersson
<b>GROUP 2</b>	HB0.12 VHIT Interacoustics	HB0.14 BERTEC & CDP Mahdiyya Dharas	HB0.16A TRV Daniel Petersson	HB0.11 VNG/CALORICS Chris Degg
<b>GROUP 3</b>	HB0.14 BERTEC & CDP Mahdiyya Dharas	HB0.16A TRV Daniel Petersson	HB0.11 VNG/CALORICS Chris Degg	HB0.12 VHIT Interacoustics
<b>GROUP 4</b>	HB0.16A TRV Daniel Petersson	HB0.11 VNG/CALORICS Chris Degg	HB0.12 VHIT Interacoustics	HB0.14 BERTEC & CDP Mahdiyya Dharas

17.00 – 17.45	<b>Jim Cook Memorial Evening Lecture: “Optimal care of the dizzy patient- diagnosis first on the road to recovery”</b>	<b>Prof. Joel A. Goebel</b>	VP4.05
19.00	<b>INTERACOUSTICS LEICESTER BALANCE COURSE AT DE MONTFORT UNIVERSITY DINNER</b>		Trinity House

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## DAY 3

### SEPTEMBER 15TH 2023 - location

08.45-09.45	Vestibular Rehabilitation	Michaela Burton	VP4.05
<b><i>MASTER CLASS (Delegates to select 2 sessions)</i></b>			
<b>BPPV for Medics</b> Yougan Saman	<b>BPPV for Non-Medics</b> Daniel Petersson	<b>VESTIBULAR REHABILITATION</b> Michaela Burton	<b>SURGICAL</b> Joel Goebel
VP4.09 Hub	VP1.11	VP1.02	VP4.05
09.45-10.30	SESSION 1		
10.30-11.15	SESSION 2		
11.15 -11.30	REFRESHMENT BREAK		VP4.09 Terrace & Hub
11.30-12.15	Non-Peripheral Vestibular Causes of Dizziness (excluding migraine and PPPD)	Peter Savundra	VP4.05
12.15-13.00	LUNCH		VP4.09 Terrace & Hub
13.00-14.00	SSCD & Perilymph Fistula	Joel Goebel	VP4.05
14.00-15.00	<b><i>PROBLEM BASED LEARNING: CASE STUDIES-(25 mins each)</i></b>		ALL FACULTY-DELEGATES TO SELECT 2 FROM A-E
A	Chronic dizziness	Peter Rea & Yougan Saman	VP4.09 Hub
B	Acute vertigo	Joel Goebel and Paramita Baruah	VP4.05
C	Physio/Rehabilitation	Mahdiyya Dharas and Michaela Burton	VP1.02
D	The dizzy child	Waheeda Pagarkar	VP 4.11
E	VNG/CALORICS/vHIT/VEmps Results/Interpretation ANOMALIES & COMPLEX CASES	Chris Degg	VP4.09 Hub
F	Medico-Legal Balance Cases	Peter Savundra	VP1.11
15.00-15.30	New Investigations in Balance Disorders	Joel Goebel	VP4.05
15.30-16.00	Q & A, Feedback and Close		VP4.05