



10" STONE BAKED PIZZA

		Kcals	Kj
Margherita (V)	£4.75	669	2798
Build your own – add 3 toppings	£5.45	48	201
Ham		219	916
Pepperoni		94	393
Bacon		13	53
Mushroom		33	137
Red onion		27	112
Peppers		20	85
Chilli		18	75
Sunblushed tomato			

Vegan & Gluten free pizzas made fresh to order
Please ask the team!

SIDES

House salad (VGN / GF)	£1.05	51	212
House 'slaw (VGN / GF)	£1.05	121	505

SAUCES

Sweet chilli	40p	22	92
BBQ	40p	16	67
Spicy vegan mayo	40p	104	435
Garlic mayo	40p	82	343



STONE BAKED PIZZA SLICE

		Kcals	Kj
Margherita (V)	£2.00	206	861
Pizza Slice of the Day see the team for todays toppings!	£2.00	292	1225
SIDES			
House salad (VGN / GF)	£1.05	51	212
House 'slaw (VGN / GF)	£1.05	121	505
SAUCES			
Sweet chilli	40p	22	92
BBQ	40p	16	67
Spicy vegan mayo	40p	104	435
Garlic mayo	40p	82	343

Calorie information provided as per average serving
Adults need around 2000 kcal a day

BESEHA

مِثْلَ كَفَّارَةٍ
كُفَّارَةٌ

MONDAY, TUESDAY & WEDNESDAY

DISH UP THE MIDDLE EAST

		Kcals	Kj
Chicken Shawarma	£5.40	832	3478
Falafel Shawarma (VGN)	£5.40	792	3315
Lebanese Spiced Chickpea & Aubergine Stew (VGN / GF)	£5.40	466	1950

BESEHA BITES & SIDES

Harissa Chicken Skewer (GF)	£2.50	222	931
Falafel with Garlic Dip (VGN / GF)	£2.50	262	1095
Fatoush Salad (VGN)	£1.55	120	501
Persian Rice (V / GF)	£1.80	258	1078
Za'atar Seasoned Skinny Fries (VGN / GF)	£1.80	373	1560

DIP IT INTO BREAD

Houmous (VGN / GF)	85p	140	585
Cacik (V / GF)	85p	69	287
Khobez (VGN)	85p	172	718
Pitta Bread x2 (VGN)	85p	157	633

THE Classics

THURSDAY

ROAST DINNER

		Kcal	Kj
Roast Chicken Leg	£5.40	272	1138
Nut Roast (V)	£5.40	533	2230
Served with			
Roast Potatoes		217	908
Roasted Root Vegetables		74	310
Sage & Onion Stuffing		94	393
Gravy		33	138

Calorie information provided as per average serving
Adults need around 2000 kcal a day

Fri-9A9

FISH & CHIPS

THE MAIN EVENT

		kcal	kJ
Battered Fish	£3.75	715	2992
Battered Sausage x 2	£1.95	532	2226
Chicken & Mushroom Pie	£3.25	655	2739
Beef & Onion Pie	£3.25	614	2566
Sausage Roll	£3.25	742	3105
Vegan Sausage Roll	£3.25	528	2209
Chip Butty	£2.55	678	2837

SIDES

		kcal	kJ
Skin on Fries (VGN / GF)	£1.80	549	2297
Mushy Peas (VGN / GF)	80p	107	448
Garden Peas (VGN / GF)	80p	121	506
Gravy (VGN / GF)	55p	18	75
Curry Sauce (VGN / GF)	55p	84	351

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MONDAY, TUESDAY, WEDNESDAY



HOLA POLLO

SPICED UP CHICKEN

FIRST BITES

			Kcals	Kj
Hola Pollo Chicken Wings (GF)		5 - £3.25	451	883
		10 - £6.00	899	3761
Hola Pollo Grilled Halloumi (V / GF)		£2.65	389	1630

FILL YOUR BEAKS

Hola Pollo Chicken Wrap (GF*)		£5.40	483	2019
Hola Pollo Halloumi Wrap (V, GF*)		£5.40	632	2642

*GF wraps available on request

Grilled Chicken Burger		£5.40	596	2494
Chargrilled Halloumi Burger (V)		£5.40	598	2502

KEEP THEM COMPANY

Giant Onion Rings		£1.70	482	2017
Crispy Spiced Fries (VGN /GF)		£1.80	541	2265
Spicy Rice (VGN / GF)		£1.65	321	1343
Hola Pollo 'Slaw (VGN / GF)		£1.05	35	144
Crushed Peas, Chilli & Lemon		£1.60	149	623

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Chapati Chaat

THURSDAY

**POPPADOM OR CHOTA NAAN
SERVED WITH RICE, SAAG ALOO
AND YOUR CHOICE OF CURRY**



		Kcal	KJ
BEEF BRISKET DHANSAK (GF)	£5.40	850	3,556
BUTTERNUT, BORLOTTI & SPINACH MADRAS (VGN / GF*)	£5.40	871	3,644
CRISPY ONION BHAJI BITES WITH KASHMERI CARROT PICKLE AND MINT & YOGHURT SAUCE (VGN*, GF)	£1.75	231	967

Calorie information provided as per average serving
Adults need around 2000 kcal a day

Chapati Chaat

FRIDAY

**POPPADOM OR CHOTA NAAN
SERVED WITH RICE, SAAG ALOO
AND YOUR CHOICE OF CURRY**

		Kcal	KJ
BUTTER CHICKEN (GF)		890	3,723
BUTTERNUT, BORLOTTI & SPINACH MADRAS (V / GF*)		871	3,644
CRISPY ONION BHAJI BITES WITH KASHMERI CARROT PICKLE AND MINT & YOGHURT SAUCE (VGN*, GF)		231	967

Calorie information provided as per average serving
Adults need around 2000 kcal a day