

# PERSONAL STATEMENTS

## REVIEW AND SELF-ANALYSIS

### Task 1:

We challenge you to read the following extract to see whether you are able to spot examples of good writing practice (green) and examples of writing you should avoid (red). Read through the extract and highlight 5 green sentences and 7 red sentences to complete the task.

### Extract:

Ever since I was born I have loved everything about science pacifically stuff around biology and a little chemistry. I am fascinated by the different systems that I had learnt around during my A-Level Biology, with a keen interest on the respiratory system. I learnt that it was all around breathing and air going in and out of the lungs to keep us alive and well. This was really interesting to me as I developed a number of key skills, which are essential for university study. For example, I was able to develop my timekeeping skills when I was asked to attend class on daily basis. I can transfer this skill to university as I will be sure to attend all lectures and seminars. I am also studying 2 other A-Levels which I believe has demonstrates that I am capable of completing a university degree. I am really passionate about education and developing my knowledge within Biology, and I have a specific interest in Cell-Biology a module that would be covered during my university degree. I have gained 6 weeks and 6 days of work experience at 4 different places to develop my employability skills. Within my current job I have developed a strategy on how to plan and prioritise my tasks to ensure they are all completed on time. I believe I have also developed the following skills: communication, teamwork, hard work and persistence, approachable and friendly and being very responsible.

Within my social time I regularly enjoy keeping fit and active, as I have researched the effects of being healthy in regard to the different systems and organs within out body.

### Task 2:

Split your page into three columns and label them Skills, Category (Education, Employability or Social) and Example.

List all the skills/qualities you have developed, tell us where from in the category section and provide a brief example.

You now have a great starting point and structure for your personal statement.

Thank me later.

### DMU's Top Tip ...

When writing your personal statement, make sure each point is relevant to the course or field you are interested in studying. Ensure each sentence has a clear aim and purpose to showcase your brilliant skills and qualities. Really emphasise and draw out your key skills and how they are relevant. It is always best to write each section of your work with a clear theme, for example: education (1), employability (2) and social (3) Good luck! We look forward to reading them!